

Lionfish Recipe

Compliments of Vone Research, Inc. at www.LionfishHunters.org

FLUFFY BATTERED LIONFISH

Lionfish meat	Egg
Vegetable Oil	Mayonnaise
Pancake Mix	Hot Sauce
Lemon Pepper	Salt & Pepper
Milk	Fresh Cilantro

Preparation:

Prepare the fish by lightly washing and patting dry. Take pancake mix, lemon pepper, milk and egg and mix together.

Cooking:

Dip the lionfish with slits cut on the side in the batter then deep fry. Make a dipping sauce out of mayonnaise, hot sauce, salt, pepper, and finely chopped fresh cilantro.

Serve with fried shoestring potatoes, cole slaw, and a slice of lime.